

A Guide to Independence for the Visually Impaired and Their Families

Vivian Younger, Jill Sardegna



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A Guide to Independence for the Visually Impaired and Their Families Vivian Younger, Jill Sardegna This is the first comprehensive, hands-on book for the newly visually impaired and their families. It provides concise, practical information on learning to live with what has become the second major cause of disability in the United States. Designed for use by families, it presents detailed instructions to:

- Deal with your emotions and fight depression
- Contact organizations and get information
- Obtain federal and financial aid
- Use all of your senses more effectively
- Adapt your home and do household chores
- Handle paperwork and correspondence independently
- Purchase aids and technology that will further your goals
- Avoid embarrassment and become socially active
- Deal with changing family roles

The Guide is written in a non-technical, basic style that allows it to present task instructions in a step-by-step manner that will meet a wide range of needs for those with low vision and those with no vision. Each chapter was designed to be used independent of the others, so the reader can take information as needed from one, several, or all chapters.

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Now a day those who Living in the era wherever everything reachable by interact with the internet and the resources within it can be true or not demand people to be aware of each information they get. How people have to be smart in acquiring any information nowadays? Of course the answer then is reading a book. Reading a book can help men and women out of this uncertainty Information particularly this A Guide to Independence for the Visually Impaired and Their Families book because this book offers you rich facts and knowledge. Of course the details in this book hundred percent guarantees there is no doubt in it as you know.

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Ruth Morefield:

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Diane Dockins:

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