



A Stroll Along Ryukyu Martial Arts History

Andreas Quast

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A Stroll Along Ryukyu Martial Arts History Andreas Quast

Based on his acclaimed previous studies, the author here presents a synopsis of the development of Ryukyu martial arts. The events described herein are all real, that is, they are all historical. Strolling along the chronology of martial arts of Ryukyu provenance, a large number of verified events are not only detailed, but also decorated with dozens of precious illustrations. As such "A Stroll Along Ryukyu Martial Arts History" is for martial arts practitioners as much as it is for aficionados of history and Asia. It simply provides a pristine ground to stand on for the practitioner who wishes to understand the primordial origins of Ryukyu martial arts. For those who read "Karate 1.0": this new book here provides a synopsis of Karate 1.0 plus the "chronology (Part VII)" without significant changes. It is an easier read without all the reasoning and footnotes, but instead with 80 illustrations to make it more suitable for the general public, and not only academic people.

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