



## Low-Carb Two Pack: 'Easy Everyday Low-Carb Cookbook' and 'Low-Carb Slow Cooker Recipes'

*Alice Lesch Kelly, Better Homes and Gardens*

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Two Great Low-Carb Cookbooks Cover Price 14.95 each 400+ Well-indexed Clear Easy Recipes Plus metric conversion charts and 360 meal plans for carb counts of 45, 60, 80 and 100 grams from the back cover of Easy Everday Low-Carb Cookbook - Carb Counters Rejoice Finally a cookbook for tasty, hassle-free low-carb recipes that simplifies meal planning! Choose from full-day meal plans for every day of the month. Each daily menu provides carbohydrate levels for 45, 60, 80, and 100 grams. Best of all, Easy Everyday Low Carb Cookbook provides you with 200 recipes, allowing you to create your own menus easily. Look inside for these additional features. - tips for eating a healthful, low-carb diet - at-a-glance carb counts for every recipe - reference list of carb counts for fruits and vegetables - recipes for appetizers, snacks, salads, - main dishes, side dishes, and desserts - 360 total meal plans! from Low-Carb Slow Cooker Recipes - Low-carb meals have never been easier! Low-carbohydrate meals can be delicious and easy to prepare. These slow cooker recipes will save the day when you don't have a lot of time to cook. More than 200 tantalizing recipes will meet your low-carb needs and provide hassle-free family meals. Look inside for these features - - tips for eating a healthful, low-carb diet - at-a-glance carb counts for every recipe - reference list of carb counts for fruits and vegetables - more than 200 recipes for appetizers, snacks, beverages, main dishes, and soups - bonus chapter of quick side dishes

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People live in this new morning of lifestyle always aim to and must have the time or they will get lot of stress from both way of life and work. So , when we ask do people have spare time, we will say absolutely without a doubt. People is human not really a huge robot. Then we request again, what kind of activity do you have when the spare time coming to anyone of course your answer will probably unlimited right. Then do you try this one, reading books. It can be your alternative throughout spending your spare time, the actual book you have read is definitely Low-Carb Two Pack: 'Easy Everyday Low-Carb Cookbook' and 'Low-Carb Slow Cooker Recipes'.

#### **William Keller:**

Playing with family inside a park, coming to see the ocean world or hanging out with pals is thing that usually you could have done when you have spare time, subsequently why you don't try thing that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition associated with. Even you love Low-Carb Two Pack: 'Easy Everyday Low-Carb Cookbook' and 'Low-Carb Slow Cooker Recipes', you can enjoy both. It is excellent combination right, you still want to miss it? What kind of hang type is it? Oh seriously its mind hangout people. What? Still don't get it, oh come on its called reading friends.

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