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The Healthy Cookbook: Healthy Eating - A Tasty & Super Healthy Recipe Collection for Simple & Easy Weight Loss Diet

Endulge in a tasty collection of healthy dishes, from seafood and slow cooking to desserts.

In this book you will discover delicious healthy and tasty recipes like:

- Asian Shrimp Salad
- Sweet & Spicy Pork
- Fish Tacos
- Quinoa Superfood Salad

With over 130 recipes in one collection, you are sure to find some new favorites!

Tags: healthy eating, clean food diet, healthy diet recipes, weight loss recipes, healthy living, natural foods, healthy cookbook



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