



# The Natural Medicine Guide to Autism

*Stephanie Marohn*

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As autism rates in children continue to rise--the latest studies suggest anywhere from 1 in 50 to 1 in 100 American children is autistic--parents are scrambling to find effective treatment methods *The Natural Medicine Guide to Autism* offers answers by exploring a range of effective treatment options and the possibility of a positive outcome via natural medicine therapies.

The book covers the basics of autism--what it is and what causes it--and the factors that are often involved in the disorder: heavy metal toxicity, nutritional deficiencies/imbbalances, food allergies, digestive problems and fungal overgrowth, viruses or viral overload, immune dysfunction, problems in the birthing process, energetic legacies from unresolved family issues in previous generations, and vaccines. It also covers a range of natural medicine treatments, including elimination diets, listening and learning skills, nutritional supplements to correct imbalances, cranial osteopathy to reverse birth trauma, and many more.

A chapter is also devoted to the deeper question of what makes a child susceptible to autism. Included in this discussion is the work of William J. Walsch, PhD, whose research may well have pinpointed the genetic component of autism that has previously eluded scientific inquiry.

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