



Sex and the Single Mom: The Essential Guide to Dating, Mating, and Relating

Sharon McKenna

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She can juggle a baby in one hand and a laptop in the other, but when it comes to dating, the average single mom is lost. In **SEX AND THE SINGLE MOM**, Sharon McKenna shows you how to successfully navigate the dating world as a single mother, including figuring out what you want from a relationship, making over your body and attitude, rediscovering your sexual confidence, and embracing the life you have. This is a smart, empowering, and lighthearted guide to enjoying men and motherhood without losing your self-esteem-or your sanity.

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