



Survival A Widow's Journal

Muriel Kagan Zager

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SURVIVAL A widow's Journal In Survival, A Widow's Journal, Muriel Kagan Zager describes her experiences following the loss of her husband, Victor, after 56 years of marriage. Her reactions to her new status and the unexpected reactions of others to her situation provides an insight into what new realities she faced. She discovered that some people she thought would be there for her were not; and those she little knew became life-lines for her. Psychologists and therapists in the field have praised the work; some feeling that it should be used as a text for students learning about mourning. Widows and others going through the loss of a loved one have been helped through the journey by Muriel Kagan Zager.

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