



# Asian Culture and Psychotherapy: Implications for East and West

*Wen-Shing Tseng*

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## **Asian Culture and Psychotherapy: Implications for East and West** Wen-Shing Tseng

This volume brings to light the impact of Asian culture on psychotherapy. Scholars and clinicians from East Asia and India go beyond technical dimensions to examine culture and psychotherapy at the theoretical and philosophical levels. An overview, invaluable for understanding some of the nuances of Asian culture, is followed by chapters on Asian personality and psychopathology, Asian psychology (in particular parent-child relations), the impact of Asian traditional thought and philosophy on psychotherapy, the unique psychotherapeutic approach of Asian culture, and psychotherapeutic experiences from various parts of Asia.

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