



## Willow Wonders. Why do I Worry?

*Wynne Radcliffe and Kristin Beckstrom Radcliffe, MSW, LCSW*

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# Willow Wonders. Why do I Worry?

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**Willow Wonders. Why do I Worry?** Wynne Radcliffe and Kristin Beckstrom Radcliffe, MSW, LCSW Parent and practitioner, Kristin Beckstrom Radcliffe, MSW, LCSW, and her 10 year old daughter, Wynne, have captured one child's view of the daily struggles and successes overcoming OCD and its many challenges. Willow Wonders is their gift to other children and families on a similar journey. Willow Wonders is designed to educate the unfamiliar and begin a discussion, from the unique perspective of a child. We desperately want people to better understand the challenges of being a kid who worries and encourage respect and compassion. While the message here is positive, this is a serious topic and one, we believe, that needs more understanding and attention. We have the confidence that anyone who reads Willow Wonders will gain faith in a child's ability to grow. We want to encourage children and their families who deal with anxiety and OCD on a daily basis to recognize that the process of growth and adjustment are continuous. The map and coping strategies of the seven year old are not the same as the growing tween or adolescent. Please let this book start discussions, point people in the directions of hope and healing. Find what works best for your student, your family. Let our maps be a place of beginning.

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Spent a free time to be fun activity to complete! A lot of people spent their down time with their family, or their particular friends. Usually they undertaking activity like watching television, likely to beach, or picnic inside park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your current free time/ holiday? Can be reading a book can be option to fill your no cost time/ holiday. The first thing that you ask may be what kinds of guide that you should read. If you want to consider look for book, may be the book untitled Willow Wonders. Why do I Worry? can be excellent book to read. May be it can be best activity to you.

#### **Catherine Stevenson:**

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