



# Rural Populations and Health: Determinants, Disparities, and Solutions

*Richard A. Crosby, Monica L. Wendel, Robin C. Vanderpool, Baretta R. Casey*

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Health-related disparities remain a persistent, serious problem across the nation's more than 60 million rural residents. *Rural Populations and Health* provides an overview of the critical issues surrounding rural health and offers a strong theoretical and evidence-based rationale for rectifying rural health disparities in the United States.

This edited collection includes a comprehensive examination of myriad issues in rural health and rural health care services, as well as a road map for reducing disparities, building capacity and collaboration, and applying prevention research in rural areas. This textbook offers a review of rural health systems in Colorado, Kentucky, Alabama, and Iowa, and features contributions from key leaders in rural public health throughout the United States.

"*Rural Populations and Health*" examines vital health issues such as: Health assessment Strategies for building rural coalitions Promoting rural adolescent health Rural food disparities Promoting oral health in rural areas Physical activity in rural communities Preventing farm-related injuries Addressing mental health issues Cancer prevention and control in rural communities Reducing rural tobacco use

"*Rural Populations and Health*" is an important resource for students, faculty, and researchers in public health, preventive medicine, public health nursing, social work, and sociology.

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