



Living Well through Lent 2015: Practicing Resilience with All Our Heart, Soul, Strength, and Mind

Katharine Jefferts Schori

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From Ash Wednesday through Easter Sunday, Living Well through Lent 2015 provides daily readings and suggestions for reflection and action, inviting you to engage fully in your Lenten journey—with heart, soul, strength, and mind. Throughout the year, the Living Compass Faith & Wellness Ministry outfits individuals, families, congregations, and organizations with tools and training for the journey toward wholeness and wellness, helping to make Christ our compass in every area of our lives.

Living Well through Lent 2015 features contributions from:

The Rt. Rev. Laura Ahrens

The Rev. Jennifer Baskerville-Burrows

Dr. Courtney Cowart

The Rt. Rev. Scott Hayashi

The Rev. Shannon Kelly

Dr. Lisa Kimball

The Rt. Rev. James Mathes

The Rev. Kyle Oliver

The Rev. Dr. Scott Stoner

The Rev. Edward Thompson

The Rev. Chris Yaw

with an Introduction by

The Most Rev. Dr. Katharine Jefferts Schori

Not only a personal devotional guide, Living Well through Lent 2015 also provides all you need for a small-group or congregation-wide Lenten program. Download the free program guide, along with prayers for daily use in Lent, at www.LivingCompass.org.

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