



# Aguinaldos: Christmas Customs, Music, and Foods of the Spanish-speaking Countries of the Americas

*Virginia Nylander Ebinger*

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## **Aguinaldos: Christmas Customs, Music, and Foods of the Spanish-speaking Countries of the Americas**

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*Aguinaldos y villancicos, recetas, tradiciones de Navidad*--songs, recipes, and traditions of Christmas from the nineteen Spanish-speaking countries of Middle and South America, as well as from the one state that is officially bi-lingual, are included in this well-researched book. There is a wealth of Christmas music, much of it unknown to North Americans, with tunes and guitar chords, words and translations. And there are recipes from each country for holiday foods, ranging from simple beverages to complex tamales and desserts--from *gingebre* to *hallaca* and *tres leches*. Also included are customs and traditions from each of the countries, some common to all, others specific to place, all reflecting the joys of Christmas. An index, glossary, and extensive bibliography make this a valuable resource for readers of all interests.

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