



# Coronary Heart Disease Prevention: A Handbook for the Health Care Team, 2e

*Grace Lindsay BSc(Hons) RGN SCM RN MN, Allan Gaw MD PhD FRCPath FFPM PGCertMedEd*

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Review quote "An excellent handbook which covers all aspects of coronary heart disease and will serve as a very useful reference for nurses working in primary and secondary health prevention".

- evidence-based content ensures a firm scientific basis for practice
- the practical nature of the content can be immediately applied in the working environment e.g. smoking cessation strategies, dietary counseling and risk assessment
- the multidisciplinary group of contributors ensures that the content reflects the multidisciplinary nature of CHD prevention work
- case studies and practice exercises enable the application of theory to practice
- summaries of key points facilitate understanding and retention
  
- the implications from clinical governance legislation, the National Service Frameworks and Joint British Recommendations on prevention of CHD in clinical practice
- recent research outcomes e.g. the HOT trial
- diabetes and its links with CHD
- material relating to ethnic minorities
- more 'global' statistics where possible to make the text more appealing to international markets
- the inequalities arising from socio-economic exclusion

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**From reader reviews:**

**Peter Wright:**

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